

	LUN	MAR	MER	GIO	VEN	SAB																
9:30	PILATES	YOGALATES		PILATES			 POSTURAL  PILATES - YOGA DINAMICO - YOGALATES  ALL MY BODY - GAG - FIT & DANCE - BRUCIAGRASSI  FUNCTIONAL - TONE UP FLOW - PLAY HARD - FITMOVING															
10:30	POSTURAL																					
12:00						YOGA DINAMICO																
13:15		BRUCIA GRASSI	YOGALATES		BRUCIA GRASSI																	
17:30	POSTURAL		H.18:30 POSTURAL			18:00	SALA KARATE (ABBONAMENTO A PARTE) LUN - MAR - MER - GIO - VEN <table><tr><td>KARATE AVANZATI</td><td>KARATE PRINCIPIANTI BAMBINI</td><td></td><td>KARATE AVANZATI</td><td>KARATE PRINCIPIANTI BAMBINI</td></tr><tr><td>KARATE AVANZATI</td><td>KARATE AVANZATI</td><td></td><td>KARATE AVANZATI</td><td>KARATE AVANZATI</td></tr><tr><td></td><td></td><td></td><td></td><td></td></tr></table>	KARATE AVANZATI	KARATE PRINCIPIANTI BAMBINI		KARATE AVANZATI	KARATE PRINCIPIANTI BAMBINI	KARATE AVANZATI	KARATE AVANZATI		KARATE AVANZATI	KARATE AVANZATI					
KARATE AVANZATI	KARATE PRINCIPIANTI BAMBINI		KARATE AVANZATI	KARATE PRINCIPIANTI BAMBINI																		
KARATE AVANZATI	KARATE AVANZATI		KARATE AVANZATI	KARATE AVANZATI																		
18:20	FUNCTIONAL TRAINING	FIT & DANCE	YOGA DINAMICO	FITMOVING	FUNCTIONAL TRAINING																	
19:10	ALL MY BODY	FITMOVING	TONE UP FLOW	FIT & DANCE		19:00																
20:00	GAG		PLAY HARD	PILATES		20:00																